

# **The Gospel of Mark**

**A Daily Lectio Journey**



**Lent 2026**

**Crestwood Vineyard**

# Lectio Plan for Lent 2026

Lectio Divina means “*Divine Reading*.” It is a way of reading Scripture slowly and attentively, trusting that God meets us in the words we read and invites us into conversation as we pay attention to what we notice.

For each day’s reading, you may follow these four prompts:

- What stands out to me?
- What do I notice or wonder?
- What might God be saying or showing me?
- How do I want to respond in prayer?

There is no right or wrong way to approach these readings. There is no “answer” you are trying to find. Instead, we are paying attention to our reading and allowing God to draw our hearts into conversation through what stands out.

If you miss a day, don’t worry. Simply begin again where you are.

## **Saturday Reflective Journaling**

Each Saturday provides a moment to look back over the week of divine readings and to look ahead toward what you may want to carry with you personally. This reflection is entirely between you and God. You may be surprised by what comes into focus as you take time to reflect.

# Week One



**Wed, Feb 18 (Ash Wed) — Mark 1:1–8**

*John the Baptist*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Feb 19 — Mark 1:9–11**

*The baptism of Jesus*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Feb 20 — Mark 1:12–13**

*Jesus in the wilderness*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Note/ Prayer



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**Prayer**

Offer your hopes and hesitations to God.  
You do not need to shape them into goals.  
Simply consent to the journey.

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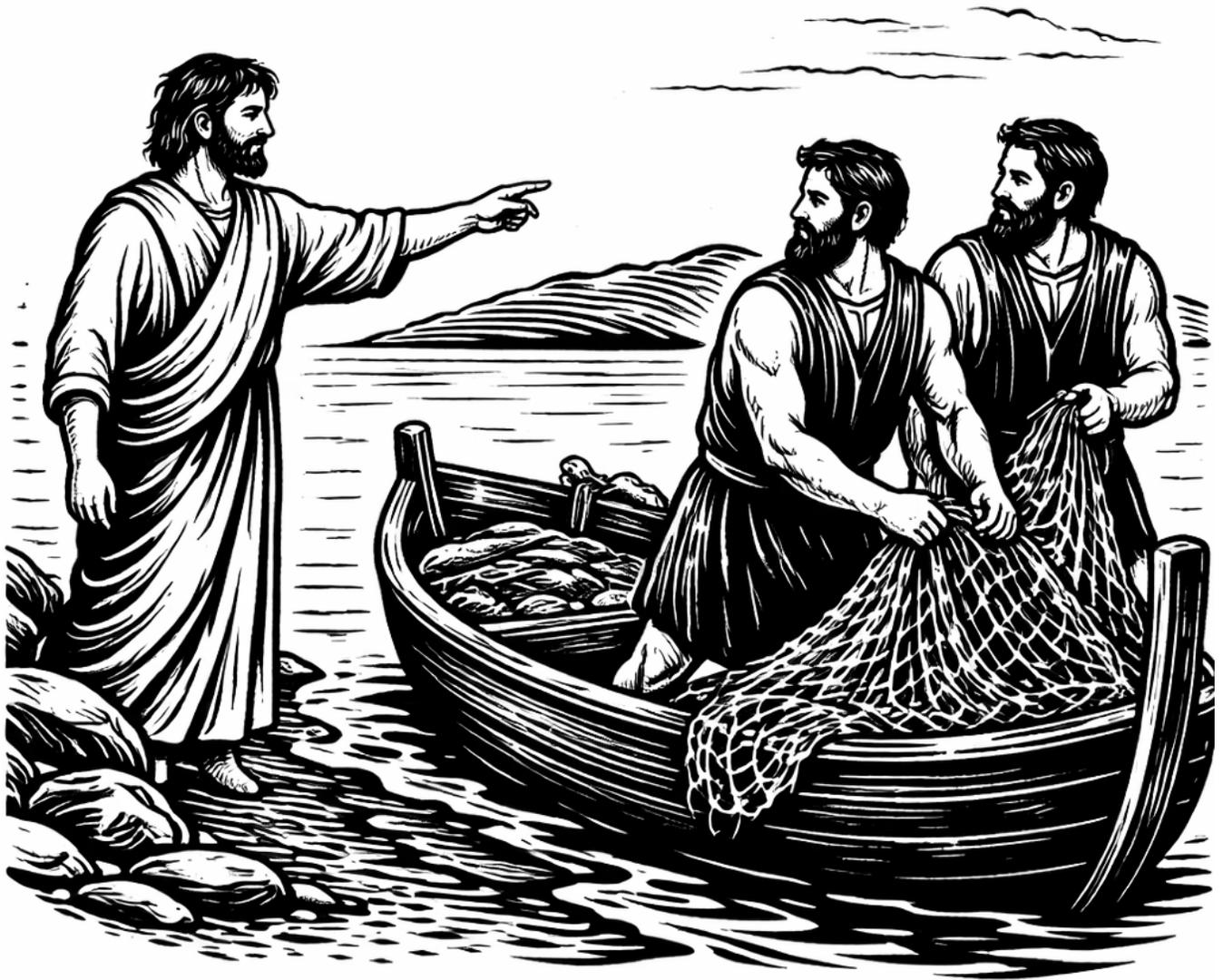
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# Week Two



**Mon, Feb 23 — Mark 1:14–15**

*Jesus announces the kingdom*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Tue, Feb 24 — Mark 1:16–20**

*Calling of the first disciples*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Wed, Feb 25 — Mark 1:21–28**

*Jesus teaches in the synagogue*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Feb 26 — Mark 1:29–34**

*Healings at Simon and Andrew's house*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Feb 27 — Mark 1:35–39**

*Jesus prays and preaches*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Note Prayer / Creative Expression





# Week Three



**Mon, Mar 2 — Mark 2:1–5**

*A paralyzed man and his friends*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Tue, Mar 3 — Mark 2:6–12**

*The reasonings of the scribes*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Wed, Mar 4 — Mark 2:13–17**

*Levi the son of Alphaeus*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Mar 5 — Mark 2:18–22**

*Questions about fasting*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Mar 6 — Mark 2:23–28**

*Jesus and the Sabbath*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Notes / Prayer / Creative Expression



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**Prayer**

Sit with God in whatever posture feels true—in your strength, in your weakness, or in your need.

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# Week Four



**Mon, Mar 9 — Mark 4:1–9**

*The parable of the sower and soils*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Tue, Mar 10 — Mark 4:10–12**

*Jesus explains the parables*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Wed, Mar 11 — Mark 4:21–25**

*A lamp*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Mar 12 — Mark 4:35–41**

*Jesus calms the storm*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Mar 13 — Mark 5:1–8**

*The tormented man*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Notes / Prayer / Creative Expression



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**Prayer**

Notice where fear and trust coexist in you.  
Hold both before God without trying to resolve them.

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# Week Five



**Mon, Mar 16 — Mark 8:27–30**

*Peter's confession*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Tue, Mar 17 — Mark 8:31–33**

*Jesus talks about His suffering and death*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Wed, Mar 18 — Mark 8:34–35**

*Being Jesus' disciple*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Mar 19 — Mark 9:2–8**

*Jesus' transfiguration*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Mar 20 — Mark 9:14–19**

*Healing a tormented boy*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Notes / Prayer



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**Prayer**

Take time to bring what you have noticed to God.  
You do not need to decide anything today.  
Simply remain present with Jesus and His invitation.

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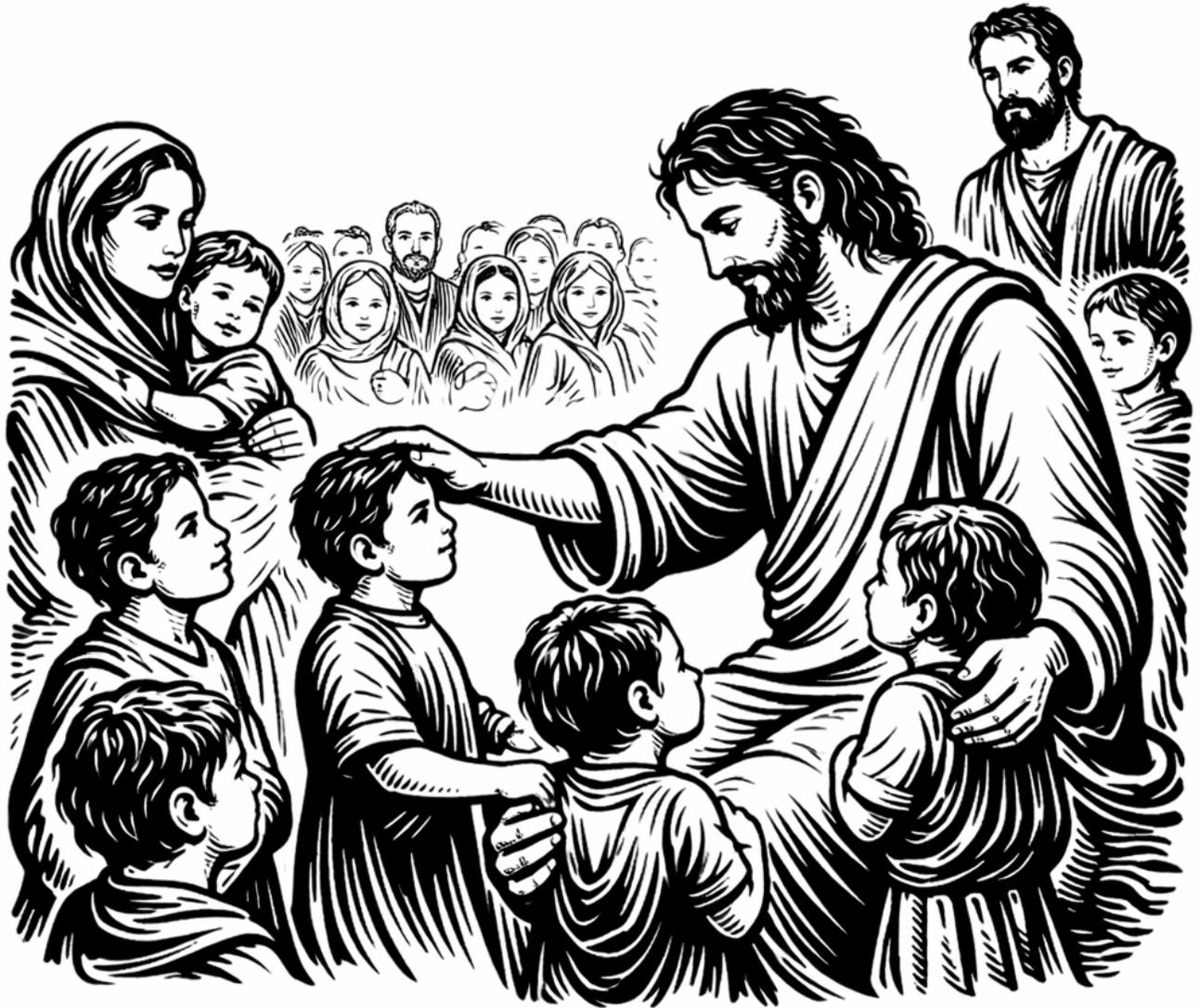
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# Week Six



**Mon, Mar 23 — Mark 9:30–32**

*Jesus speaks again about His death*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Tue, Mar 24 — Mark 9:33–37**

*What is greatness?*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Wed, Mar 25 — Mark 9:38–41**

*The measure of belonging*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Mar 26 — Mark 9:42–50**

*Important teachings about life and sin*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Mar 27 — Mark 10:13-16**

*Jesus blesses the children*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Notes / Prayer



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**Prayer**

Receive God's welcome without earning it.

Notice what it is like to be given the kingdom.

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# Holy Week



**Mon, Mar 30 — Mark 11:1–11**

*Jesus enters Jerusalem*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Tue, Mar 31 — Mark 11:12–26**

*Watch what Jesus is doing and saying*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Wed, Apr 1 — Mark 12:28–34**

*The greatest commandment*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Thu, Apr 2 (Maundy Thu) — Mark 14:22–26**

*The Lord's Supper*

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

**Fri, Apr 3 (Good Fri) — Mark 15:22–47**

Today's reading is longer. Notice the atmosphere. Notice the details. Who was there? What were they doing? Linger with the prompts.

What stands out to me?

What do I notice or wonder?

What might God be saying or showing me?

How do I want to respond in prayer?

Notes / Prayer / Creative Expression



